**Coating per Specification**

Federal (USA) Law restricts this device to sale to correct astigmatism or irregular corneal conditions. (Enflurocon B) (Hexafocon A)

- Corneal hypoesthesia (reduced corneal sensitivity), penetrating keratoplasty or LASIK surgery. The lens prescribed in otherwise non-diseased eyes that

**Introduction**

**Appointment Schedule**

**Caring for your lenses**

**Adverse Effects**

- Storage procedures. Failure to do so may eventually

**Description**

**Precautions**

- Any systemic disease that may affect the eye or be

**Note:**

- Different solutions often cannot be used together,

**Preparation the Lens for Wearing**

**Personnel cleanliness for lens handling**

There are two suggested methods of lens

**Centering the Lens**

When any of the above problems occur, a serious

**Removing the Lens**

- Remove the lens from its storage compartment.

**Rinsing, Disinfecting, Storage**

- Pour the solutions, laboratory chemicals, etc.) are splashed

**Cleaning Solution:**

- Multi-Action Solution

**Formula Conditioning**

- Boston SIMPLUS

**Boston**

- Removes protein, cleans, disinfects,

**Care for a sticking (non-moving) lens**

When you handle your lenses. The procedures are:

- Always remove, clean, rinse and disinfect your

**Use of a heat (thermal) care system can warp**

**Cleaner.**

- The procedures below.

**Use of a heat (thermal) care system can warp**

**Note:**

- The latter occurs, after removing them. Do not put lenses in your mouth.

**Eye care practitioner.**

- The lenses on your eyes and remove them while you

**Take care to be sure that it is moist, clean,**

- The lenses to be worn at time of appointment:

**Rewetting Solution:**

- Boston Ed'®

**Consignor:**

- Boston Ed'®

**Center for Excellence:**

- Boston Ed'®

**CAUTION:**

- Boston Ed'®

**CARING FOR BIFOCAL LENSES**

- Visual changes may indicate changes in the lens prescription or angle of the lens.

**WARNING:**

- If the eye is not centered on the lens, it may result in uncomfortable vision during reading, writing, or other tasks that require visual acuity.

**Night Vision Before Actually Driving While Wearing**

- The lenses may cause discomfort or pain during the wearing period.

**Night Vision Before Actually Driving While Wearing**

- It is recommended to avoid prolonged wearing of contact lenses at night.

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**Night Vision Before Actually Driving While Wearing**

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INSTRUCTIONS

• Severe insufficiency of lacrimal secretion from your eyes for routine cleaning and disinfecting as conus, pellucid marginal degeneration, or following of refractive ametropia (myopia, hyperopia, astigmatism) impair the performance of your lenses.

PRECAUTIONS

• Never use tweezers or other tools to remove lenses while wearing lenses.
• Never wear lenses beyond the period recommended.
• Always wash and rinse hands before handling lenses.
• If the lens sticks (stops moving) on the eye, follow the instructions in the "Removing the Lens" section and check for damage.
• Excessive watering (tearing) of the eyes while wearing lenses, exercise caution and keep eyes wet and free of debris.

Instructions for the Boston XO, Boston EO or Boston ES Contact Lenses

• Always contact your eyecare practitioner before changing to a new contact lens type.
• Do not use saliva or anything other than the recommended lens cleaning solutions and lubricating/rewetting solution for your use.
• Lace chamber of the lens storage case. Then repeat to make them more comfortable.
• If you require very sharp near vision during prosthetics, you may last for a brief minute or for several weeks.

Rewetting Solution:

1. Gently massage the lens with your fingers
2. Blink briskly. The lens will be pinched by the skin of your upper and lower lids, stretch the skin out-
3. Repeat the steps above several times until you can remove the lens.

Patient Instructions for the Boston XO, Boston EO

• It is important that you follow your eyecare practitioner’s instructions for the use of contact lenses.
• Do not use allergy drops or other medications with contact lenses.
• Keep solutions and lenses away from extreme temperatures and conditions (altitude, geography, cloud cover) and personal hygiene.
• For long-term exposure to UV radiation is recommended to wear absorbing goggles or sunglasses.
• You should continue to wear contact lenses while wearing sunglasses.

Rewetting Solution:

1. Close your eyelids and gently massage the lens with your fingers
2. Blink briskly. The lens will be pinched by the skin of your upper and lower lids, stretch the skin out-
3. Repeat the steps above several times until you can remove the lens.

Driving at Night

• Excessive watering (tearing) of the eyes while wearing lenses, exercise caution and keep eyes wet and free of debris.
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• It is important that you follow your eyecare practitioner’s instructions for the use of contact lenses.
• Do not use allergy drops or other medications with contact lenses.
• Keep solutions and lenses away from extreme temperatures and conditions (altitude, geography, cloud cover) and personal hygiene.
• For long-term exposure to UV radiation is recommended to wear absorbing goggles or sunglasses.
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2. Blink briskly. The lens will be pinched by the skin of your upper and lower lids, stretch the skin out-
3. Repeat the steps above several times until you can remove the lens.
PATIENT INSTRUCTIONS

Boston XO®
Boston EO®
Boston ES®

Initial and Final Instructions

Your eyecare practitioner should instruct you about the following:

- Patient Instructions for the Boston XO, Boston EO and Boston ES Contact Lenses.
- Patient Instructions for the use of Boston XO, Boston EO, Boston ES - Green, Boston XO, Boston EO, Boston ES - Brown, Boston XO, Boston EO, Boston ES - Blue contact lenses.

Please read these instructions carefully and follow all recommendations. The correct use of these contact lenses may prevent serious injury and improve your vision. These instructions contain important information about the lens care system or product prescribed for you.

Introduction

The following problems may occur:

- Blurred vision, rainbows, or halos around objects
- Redness of the eyes
- Extreme sensitivity to light
- Sensation of foreign object in eye
- Burning or discomfort
- Dryness
- Reduced vision
- Changes in your vision

CAUTION:

- Never use tweezers or other tools to remove lenses
- Always remove the same lens first
- If you find that your vision is still blurred after checking your vision immediately after insertion, contact your eyecare practitioner

Contraindications

The following conditions are relative contraindications to the use of these lenses:

- Any systemic disease that may affect the eye or be a substitute for the eye
- Conditions (altitude, geography, cloud cover) and personal factors (extent and nature of outdoor activities)
- Developing cataracts or other eye disorders
- Consult your eyecare practitioner for more information. UV-absorbing contact lenses reduce the risk of reactions than nonsmokers.
- Any condition that may increase the risk of reactions is increased when these lenses are worn.
- Studies have shown that the risk of serious adverse problems, including corneal ulcers, can develop with all lenses.

Precautions

You should carefully adhere to the following care regimen and safety precautions:

- If the lens is in any way damaged, do not use it
- Immediately remove lenses
- For immediate treatment, IMMEDIATELY CONTACT YOUR EYECARE PROVIDER
- Your lenses promptly, if possible, and your eyecare practitioner

Contraindications

The following conditions are relative contraindications to the use of these lenses:

- Corneal hypoesthesia (reduced corneal sensitivity)
- Acute or subacute inflammation or infection of the anterior chamber of the eye
- Boston XO, Boston EO, Boston ES - Blue > 0.65 mm
- Boston XO, Boston EO, Boston ES - Brown > 0.20 mm
- Boston XO, Boston EO, Boston ES - Green > 0.55 mm

Equipment Necessary for Use

- Patient Instructions for the Boston XO, Boston EO, Boston ES - Blue contact lenses

Product

- Enzymatic Cleaner
- Conditioning Solution
- Cleaning Solution

Procedure

Start off correctly by getting into the habit of always checking your vision immediately after insertion. The following procedure is designed to help you start off correctly:

1. Wash, rinse, and dry your hands thoroughly.
2) Place the tip of the forefinger of one hand on your upper and lower lids, stretch the skin outwards, and slide your index finger onto the cornea.
3) Place your index finger at the outer junction of your eyelid or hand or be decentered onto the body, scratched area.
4) Rub several drops of conditioning solution over the lens.
5) After thoroughly washing and rinsing your hands, place the lens on the white part of your eye.
6) Immediately remove lenses.
7) 1) Place your index finger at the outer junction of your eyelid to slide over the lens.
8) If the lens is in any way damaged, do not use it.
9) If you find that your vision is still blurred after checking your vision immediately after insertion, contact your eyecare practitioner.

BRANDING

- Bausch & Lomb
- Boston - Leaders in Vision

Table of Contents

- Special Instructions
- Equipment
- Procedure
- Precautions
- Contraindications
- Equipment Necessary for Use
- Product

SPECIAL INSTRUCTIONS

- Equipment
- Procedure
- Precautions
- Contraindications
- Equipment Necessary for Use
- Product

Equipment

- Enzymatic Cleaner
- Conditioning Solution
- Cleaning Solution

Procedure

Start off correctly by getting into the habit of always checking your vision immediately after insertion. The following procedure is designed to help you start off correctly:

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3) Place your index finger at the outer junction of your eyelid or hand or be decentered onto the body, scratched area.
4) Rub several drops of conditioning solution over the lens.
5) After thoroughly washing and rinsing your hands, place the lens on the white part of your eye.
6) Immediately remove lenses.
7) 1) Place your index finger at the outer junction of your eyelid to slide over the lens.
8) If the lens is in any way damaged, do not use it.
9) If you find that your vision is still blurred after checking your vision immediately after insertion, contact your eyecare practitioner.
**PATIENT INSTRUCTIONS**

**Boston XO**

**Boston EO**

**Boston ES**

**Visual Acuity**

- Acuities less than could be achieved with bifocal spectacles.
- Acuities less than could be achieved with monovision contact lens therapy.
- Acuities less than could be achieved with spectacles.

**Visual Expectation**

- For safe contact lens wear, you should know and follow the recommended directions on care and handling of your new lenses.
- Use a recommended system of lens care (chemical or heat) and carefully follow instructions on lens care solutions.
- Cleanliness is the first and most important aspect of effective lens care. It is essential that you learn and use good hygienic methods in the care and handling of your new lenses.

**Lenses**

- Lens Case Cleaning and Maintenance
- Lens Case Cleaning and Maintenance
- Lens Case Cleaning and Maintenance

**Cleaners**

- Boston ADVANCE®
- Multi-Action Solution
- Conditioning Solution

**Attention: As with any contact lens, follow-up visits are necessary. Consult your eyecare practitioner before any change in the type or prescription of your lenses.**

**Wearing Restrictions and Indications**

- Boston XO, Boston EO, Boston ES - Green > 0.55 mm

**Lens Case Cleaning and Maintenance**

- Type of lens case:
- Boston XO, Boston EO, Boston ES

**Care for a Sticking (Nonmoving) Lens**

- Use of a heat (thermal) care system can warp lens surfaces.

**Weekly Enzymatic Cleaner:**

- Weekly Enzymatic Cleaner:

**Supplies**

- Keep your lenses promptly, if possible, and do not have someone available to place and remove contact lenses.
- When you first get your lenses, be sure you can place and remove them again after a few weeks. Ask your eyecare practitioner if you have any questions. Before actually driving while wearing contact lenses, night vision before actually driving while wearing contact lenses.

**Lubricate/Rewet**

- Lubricate/Rewet
- Daily Cleaning
- Weekly Cleaning
- Monthly Cleaning

**Disinfect, Rinse**

- Disinfect, Rinse
- Daily Cleaning
- Weekly Cleaning
- Monthly Cleaning

**Store**

- Store
- Use of a heat (thermal) care system can warp lens surfaces.

**Clean**

- Clean one lens first. Always remove the same lens first to avoid mix-ups.

**Adaptation**

- Adaptation
- As with any contact lens, follow-up visits are necessary. Consult your eyecare practitioner before any change in the type or prescription of your lenses.
COATING PER SPECIFICATION

Boston ADVANCE

Federal (USA) Law restricts this device to sale by or on the order of licensed eye doctors or optometrists. The patient should receive written instructions that pertain to the patient's prescribed lens.

For Myopia, Hyperopia, and Astigmatism:

- Diameter for Boston ES: 7.0 mm to 11.5 mm
- Power Range: 6.80 mm to 9.50 mm
- Diameter for Boston ES: 7.0 mm to 11.5 mm

Base Curve Range: 5.00 mm to 9.00 mm

WARNING

- Patients should be advised of the following warnings:
  - Do not use saliva or anything other than the recommended system of lens care, chemicals, solutions, and rinses.
  - Do not heat the conditioning/storage solution with the lens in it.
  - Do not touch the lens with fingernails.
  - Instruct patient to ask his or her eyecare practitioner.

Oxygen Permeability: 36* (18**)

Water Content: <1%

Specific Gravity: 1.27

Light Absorbance (640 nm): 10.2

D & C Yellow No. 18

- Human cornea from a 24-year-old person as described in Waxler, M., et al.
- Human cornea from a 25-year-old person as described in Waxler, M., et al.

Paired, Ambisexual Blue D & C Green No. 6

- Contact lens material composed of siloxanyl fluormethacrylate
- Post-penetrating keratoplasty or post-refractive surgery. The lenses may be disinfected using a chemical
- Keratoconus, pellucid marginal degeneration, or following LASIK.

Oxygen Permeability: 36* (18**)

- Boston XO - Violet >0.65 mm
- Boston XO, Boston EO, Boston ES - Blue > 0.65 mm

- Human crystalline lens from a 20-year-old person
- Human lens from a 24-year-old person

- Radiation levels:
  - 3 8 to 14 hours
  - 6 and after All Waking Hours

- Before leaving the eyecare practitioner's office, the patient should be instructed to:
  - Follow the recommended cleaning, disinfecting, storing and wearing instructions.
  - Put on lenses before putting on makeup.
  - Lubricate/rewet lenses while they are being worn.
  - Do not alternate or mix lens care products.
  - If the discomfort or problem stops, then look closely at the lens case.

- Patients who wear contact lenses to correct nearsightedness, farsightedness, or astigmatism are advised to:
  - Remove the lenses immediately if the eye becomes red, hot, or tender.
  - Do not use saline or anything other than the recommended system of lens care, chemicals, solutions, and rinses.
  - Do not heat the conditioning/storage solution with the lens in it.
  - Do not touch the lens with fingernails.
  - Instruct patient to ask his or her eyecare practitioner.

- Patients who wear contact lenses to correct presbyopia may not achieve the best corrected vision.

- If the lens sticks (stops moving) on the eye, the patient should:
  - Ask the eyecare practitioner.

- If the discomfort or problem stops, then look closely at the lens case.

- Patients who wear contact lenses to correct myopia, hyperopia, or astigmatism are advised to:
  - Remove the lenses immediately if the eye becomes red, hot, or tender.
  - Do not use saline or anything other than the recommended system of lens care, chemicals, solutions, and rinses.
  - Do not heat the conditioning/storage solution with the lens in it.
  - Do not touch the lens with fingernails.
  - Instruct patient to ask his or her eyecare practitioner.

- Patients who wear contact lenses to correct myopia, hyperopia, or astigmatism are advised to:
  - Remove the lenses immediately if the eye becomes red, hot, or tender.
  - Do not use saline or anything other than the recommended system of lens care, chemicals, solutions, and rinses.
  - Do not heat the conditioning/storage solution with the lens in it.
  - Do not touch the lens with fingernails.
  - Instruct patient to ask his or her eyecare practitioner.

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  - Remove the lenses immediately if the eye becomes red, hot, or tender.
  - Do not use saline or anything other than the recommended system of lens care, chemicals, solutions, and rinses.
  - Do not heat the conditioning/storage solution with the lens in it.
  - Do not touch the lens with fingernails.
  - Instruct patient to ask his or her eyecare practitioner.
**COATING PER SPECIFICATION**

*Boston ADVANCE*

**Bifocal Contact Lenses for Presbyopia**

**Boston EO (hexafocon A)**

**INSERT**

**Boston XO**, **Boston EO** and **Boston ES** Contact Lenses

**ES (enflufocon A)** are available with or without an **Base Optic Zone**

- **Base Curve Range**
  - **Diameter for Boston XO**: 7.0 mm to 21.0 mm
  - **Power Range**: -20.00D to +20.00D

- **Add Powers**
  - 4.00 mm to 9.50 mm

**Base Curve Range**

- **Diameter for Boston EO**: 7.0 mm to 21.0 mm
- **Power Range**: -20.00D to +20.00D

**Aspherical Lens Designs**

(e.g. LASIK) surgery)

- **In 0.25D increments**
- **In 0.5 mm increments**

**SPECIAL INSTRUCTIONS**

- **Human crystalline lens from CORNEA**
- **Green D & C Green No. 6**
- **Electric Blue D & C Green No. 6**

**Physical/Optical Properties of Boston EO**

- **Refractive Index**: 1.429
- **Color**: Color Additive
- **Wetting Angle**: 52°

**PROCESS MATCH COLORS**

- **Optical Radiation and Visual Health**, 14.0 Brown
- **WARNINGS**
  - • Allergic reactions of ocular surfaces or adnexa that may be exaggerated by wearing contact lenses
  - • Any systemic disease that may affect the eye or be compounded by wearing contact lenses
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
  - • Patients who wear contact lenses to correct vision may have impaired peripheral vision
  - • Patients who wear contact lenses to correct vision may have impaired color perception
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
  - • Sensitivity to light (photophobia)
  - • Redness of the eyes
  - • Instruct patient to inform his or her health care practitioner of any occurrence of any of the above conditions

**Regular checkups, as determined by the eyecare practitioner.**

**WEARING SCHEDULE**

Lenses are indicated for daily wear. The suggested wearing and replacement schedules should be determined by the eyecare practitioner. Follow the instructions provided in the package insert or the eyecare practitioner for information and specific instructions on the lens care pertinent to contact lens wear:

- **Lenses should be lubricated/Rewet**
  - • Lenses should be lubricated/Rewet
  - • Avoid all harmful or irritating vapors and fumes while handling contact lenses
  - • Always wash and rinse hands before handling lenses
  - • Do not put lenses in the mouth
  - • Do not put lenses in the mouth
  - • Avoid contact lenses if the hands are not free of foreign materials, as microscopically these may be more likely to damage lenses than oil-based or cosmetic products
  - • Instruct patient to inform his or her health care practitioner of any occurrence of any of the above conditions

**General Lens Care**

- **Clean, Condition, Disinfect**
  - • Clean, Condition, Disinfect (if present) and lot number. Additional parameters: (not heat) and carefully follow instructions on label
  - • Lenses should be allowed to air dry. Lens cases should be replaced at intervals
  - • Do not use hoax lenses
  - • Some solutions may have more than one absorber (if present) and lot number. Additional parameters: (not heat) and carefully follow instructions on label
  - • Always wash and rinse hands before handling lenses
  - • Do not put lenses in the mouth
  - • Avoid all harmful or irritating vapors and fumes while handling contact lenses
  - • Instruct patient to inform his or her health care practitioner of any occurrence of any of the above conditions

**REPORTING OF ADVERSE REACTIONS**

**MANUFACTURE OF THESE LENSES IN BOSTON EO**

(Some of these designs are patented; manufacturing process)

- **Some of these designs are patented; manufacturing process**
- **Aspherical Lens Designs**
- **Optical Radiation and Visual Health**, 14.0 Brown
- **WARNINGS**
  - • Allergic reactions of ocular surfaces or adnexa that may be exaggerated by wearing contact lenses
  - • Any systemic disease that may affect the eye or be compounded by wearing contact lenses
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
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  - • Patients who wear contact lenses to correct vision may have impaired color perception
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
  - • Any condition that may affect the eye or be compounded by wearing contact lenses
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  - • Redness of the eyes
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**REPORTING OF ADVERSE REACTIONS**

**MANUFACTURE OF THESE LENSES IN BOSTON EO**

(Some of these designs are patented; manufacturing process)