Bausch & Lomb
Perfecting Vision. Enhancing Life.™

PureVision® Multi-Focal Lenses – Frequently Asked Questions

1. **What is presbyopia?** Presbyopia is a naturally occurring vision condition that affects most people in their 40s. As the eyes get older, they can no longer focus tightly on objects up close.

2. **What causes presbyopia?** In young people, the eye lens is soft and flexible, and readily changes shape to focus. Over time, there is a gradual hardening of the material making up the lens. As a result, the eye's ability to focus decreases steadily.

3. **What are the symptoms of presbyopia?** People with presbyopia often believe they have become farsighted. While they can read street signs and watch movies comfortably, they are unable to bring into focus small print, such as the telephone book, or close work, such as embroidery. But unlike farsightedness, which is caused by the shape of your cornea, presbyopia is simply the result of the lens becoming less flexible.

4. **How can you correct presbyopia?** In the past, presbyopia was most often corrected by wearing reading glasses or bifocal glasses. Today, soft contact lenses are also an option. In fact, PureVision® Multi-Focal Contact Lenses were specifically designed to enable people with presbyopia to see objects up-close, at a distance, and everywhere in-between.

5. **What is the difference between bifocal contact lenses and multifocal contact lenses?** In this case, the name says it all. Bifocal contact lenses have two different optical zones, allowing you to see objects up-close and at a distance. Multi-focal lenses go beyond bifocals. They have 3 vision zones so you can clearly see objects up-close, at a distance, and objects in-between.

6. **I wear mono-vision contact lenses. Am I a candidate for multifocal lenses?**
   Yes! Most mono-vision patients adapt easily to multi-focal contact lenses. Mono-vision contact lenses provide similar visual benefits to multi-focal contact lenses. In mono-vision lenses one eye is fit for distance and one eye is fit for close-up vision. This can make the lenses tough to adapt to for some people. Multi-focal lenses are actually designed for presbyopia so both lenses provide distance and close-up vision.

7. **How often should I see my eye care professional?** The single best way to protect your vision is through regular professional eye examinations. Eye care professionals do more than provide eye exams – they care for the overall health of your eyes. You should see your eye care professional regularly.

8. **How often should I replace my contact lenses?** PureVision® Multi-Focal Contact Lenses can be worn for up to 30 days while other contact lenses are recommended to be thrown away after two weeks. Everyone's eyes are different, so follow your eye care professional's wearing and replacement schedule to keep your lenses clean and your eyes healthy.

9. **Do I still need to keep my reading glasses once I get multi-focal contact lenses?** Yes. Though contact lenses provide amazing benefits, you should still keep your glasses prescription current. There may be days that you don't want to wear your lenses, or when your glasses are better suited for the situation.

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