

Suggested Patient Criteria

- Good motivation
- Realistic expectations
- No more than -1.00D cylinder corneal astigmatism

Pre-fitting Evaluation

- Measure spectacle Rx, including ADD power
- Establish baseline binocular visual acuities at distance and near
- Determine dominant eye at distance

Initial Lens Selection

Sphere Power

Choose the lens with the patient's full distance spectacle sphere

- Converted to minus cylinder form
- Vertexed, in spherical equivalent prescription

Lens ADD Power

Low ADD OU
Mixed ADDs (Low/High)*
High ADD OU

Spectacle ADD

+1.50D or less
+1.75D to +2.25D
+2.50D and up

*Low ADD on dominant eye, high ADD on non-dominant eye

Initial Lens Evaluation

- Allow lens to equilibrate on each eye (may take up to 10 minutes for new wearers)
- Lenses should center well and provide adequate movement
- Vision evaluation should always be done in normal room illumination
- All testing should be out-of-the-phoropter. Hand-held ophthalmic lenses are best
- Check distance acuity binocularly. Over-refract if necessary in 0.25D steps to best visual acuity with both eyes open
- Check near acuity binocularly, with distance over-refraction still in place

Symptom Resolution

Unacceptable Visual Acuity

- 0.25D can make a significant difference in visual acuity. Re-check near and distance visual acuities with over-refraction in place

Distance Visual Acuity Unacceptable

If patient is wearing two low ADD lenses:

- Add -0.25D to the dominant eye

If patient is wearing two high ADD lenses:

- Add -0.25D to the dominant eye
- If problem persists, then use a low ADD in the dominant eye and a high ADD in the non-dominant eye

If patient is wearing mixed ADDs:

- Add -0.25D to the dominant eye
- If problem persists, then use a low ADD OU

Near Visual Acuity Unacceptable

If patient is wearing two low ADD lenses:

- Use a low ADD in dominant eye and high ADD in non-dominant eye
- If problem persists, then add +0.25D to the non-dominant eye
- If near vision is still not acceptable, use high ADD OU

If patient is wearing two high ADD lenses:

- Add +0.25D to non-dominant eye

If patient is wearing mixed ADDs:

- Add +0.25D to the non-dominant eye
- If problem persists, then use a high ADD OU

Advice From Your Peers*

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- Consider using two low ADDs for those with +1.50 ADD or less and two high ADDs for those with +1.50 ADD or more.
 - Add more minus to dominant eye if distance needs improvement
 - Add more plus to the non-dominant eye if near needs improvement
- Use "mixed" ADDs as a backup in case of initial rejection.
- To transfer patient easily from monovision to multifocal, use two low ADDs and overplus the non-dominant eye (about half the amount of the habitual monovision Rx).
- Allow lens to equilibrate for 10 minutes before evaluating.
- When evaluating visual quality, focus on the functional range of vision.
- Use a reading card with paragraphs in different font sizes, or use a computer to simulate a patient's real-world environment. Ask whether they're experiencing smooth transitions and clarity in the intermediate range.
- Be patient with the adaptation. Allow your patient to wear their lenses for one to two weeks, and then re-evaluate.
- Counsel patient to have adequate lighting when reading or doing close work.